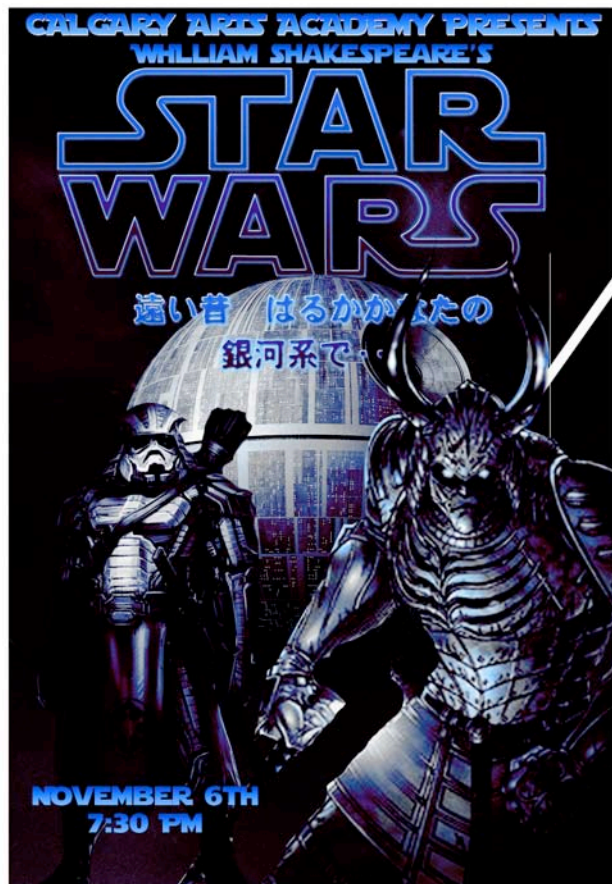


CALGARY ARTS ACADEMY



Shakespeare Invades King House

On November 6, 2013, Year 8 and 9 students presented "William Shakespeare's Star Wars," a Star Wars play written in the style of William Shakespeare. Playing to full house at the Knob Hill Middle School Campus, the students performed professionally and earned themselves a standing ovation. There are now plans to take the show on the road, presenting this production to other local schools.

Great job, students and staff!

In this issue

House News, 2
School Council News, 3
Kids' Health, 4
November Calendar, 5



Calgary Arts Academy Awards
Monday, December 2, 2013 7:00pm
Southern Alberta Jubilee Auditorium

Cold Weather Clothing



Now that the weather has changed, please ensure your child has appropriate clothing as students have the opportunity to be outside everyday. This includes winter coats, snow pants, boots, mittens, and hats. It is important that all students are dressed for the weather.



Call for Gently Used Clean Clothing
Children's Sizes 4 to 8

Occasionally students need to have a change of clothes at school for a variety of reasons. Our girl and boy supplies are getting low! We welcome underwear, socks, pants, tops, mitts and hats. Please bring donations to the Glenmeadows office.

Scholastic Book Fair



Once again, this year's book fair will occur in the library during parent conferences on December 3 and 4.



Reminder!

The third installment of bus fees was due on October 31.

Fitzgerald House News

Kindergarten Update

Ms. J. Gandar

We've had a fantastic October full of learning and community building! In Math, we have continued our study of repeating patterns, and began learning about environmental numeracy through group counting, calendar activities, shared reading and songs. In Literacy, we've been working on building simple words using the letters we have learned. We've also been applying our knowledge of letter sounds to sounding out words and sentences in our shared reading and writing.

Our Halloween parade and celebration was a huge success! Thank you to all the volunteers who helped out.

Year 1 Update

Ms. C. Dickson

Fitzgerald House has been busy this past month learning about community and community helpers for Social Studies. As part of a design-focused project, Year 1 students will be designing the assembly of their shoebox apartment towers. Through interesting discussions, each classroom voted on two community services to be on the lower level of their apartment: one they would want, and one they would need. As part of the Home Portion of a Social Studies contract, each student took a photo of something that they really liked about their community and presented that photo to the class. The photo then became the 'window' in their shoebox apartment. The apartment towers will soon be on display with their 'four season' landscaping, as students learn about seasonal changes in Science.

Year 1 students are very excited to be going to Butterfield Acres for a Harvest Pumpkin Hunt. Each class will get to see first hand the needs of plants and

animals in a rural setting as the farm prepares for winter.

For Literacy, Year 1 students have been working on rhyming words through song writing with our artist, Mr. Cam. We plan to share this clever song about wiggly teeth at the next sharing assembly!

Spielberg House News

Ms. L. Allen

We had a wonderful Halloween Celebration! It was great seeing all of the students and family members dressed up. Thanks to everyone who joined us for the parade and who sent in treats.

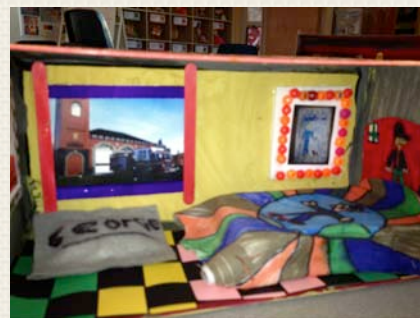
We want to remind parents and guardians that with the winter weather coming, we are in need of proper indoor shoes as well as outdoor boots. Please have your children dress for the weather as we go outside almost everyday for active break. Labeling student belongings (including mittens, hats, scarves and snow pants) will also help make sure their things get returned to them. Spielberg House is ready for an exciting November as we begin preparations for our Winter Celebration at the Jubilee!

Da Vinci House News

Ms. N. Williams

Congratulations to the teachers, staff and artists working with Da Vinci House this term on the amazing showcase in October. This year's showcase was in the round and had multi art form performances, one included live improvised dancing and visual art, to the beat of the drums. The showcase also included spoken word poetry, plays about generosity and recycling, Math dances, chimes, an art walk and a few musical numbers.

SHOEBOX APARTMENT



This photo is a Year 1 shoebox 'apartment.' Each piece included in the room has been a project for Social Studies or Math: the floor is a woven mat that helped students practice patterning, the 'window' is a favourite spot in their own community, the bed cover is their chosen form of community transportation, the headboard is a portrait of themselves as a community helper, the beaded picture shows a community group that they belong to, and the beaded frame is a demonstration of patterning.

November is an exciting month for Da Vinci House as we have two field trips, one to watch the world's speed skating championship at the Olympic Oval and the other to Y-Stage to see Jason and the Argonauts.

Now that the weather is beginning to change to winter, please make sure your child is dressed appropriately to be outside. Also ensure they have a clean pair of indoor shoes.

Jackson House News

Mrs. L. Twa

Since we are winding down the first term, students are completing their projects with Mr. Jeff and Ms. Kearney. Amazing projects and performances have been created. Students designed paper airplanes, flew them and resigned them again. They created dramatizations about the levels of government in Alberta and illustrated a visual art piece based on the artist, Wassily Kandinsky.

The talent of our students never cease to amaze!

King House News

Mr. D. Catley

Within the next few weeks, Year 8 students will be learning about all fraction operations and will be demonstrating their understanding through the creation of puzzles.

Year 9 students will be focusing on their problem solving skills with circle geometry. They will prove various circle and angle properties with the creation of their own dreamcatcher.

School Council News

The Heebily-Jeebily Halloween Ho-Down at Glenmeadows on October 23 was a spooktacular success! On behalf of School Council, thank you to the organizers and volunteers for all of their hard work and creative efforts. This annual event is always a fun night for everyone who attends and is another great example of what a great community we have at Calgary Arts Academy.

Coming up in November, School Council is offering some great workshops.

Red Cross Babysitter Training (for ages 10 and older)

Tuesday, November 12, 2013
9:00am to 4:00pm
Knob Hill Middle School Campus

This course teaches the future babysitter important childcare skills, safety rules, preparing simple nutritious meals, fun games for different ages, coping with tantrums, finding jobs and more.

Cost: \$48. Cheques are payable to CAA School Council Society or register online at <http://caa.registrationnow.net>

Home Alone Safety Course (for ages 10 and older)

Wednesday, November 20, 2013
3:30pm to 5:30pm
Glenmeadows Elementary School Campus

Younger siblings Grade 1 and up should also register and attend in order to provide a solid safety foundation in case of an emergency.

This program prepares youth for the all important step of being home alone, so that they can be safe, and feel confident and comfortable. It includes minor first aid, EMS system, fire safety, personal responsibilities, answering

phones and door, appliance safety, flooding toilets, and general safety.

Cost is \$20 per child. Please make cheques payable to CAA School Council Society or register online at <http://caa.registrationnow.net>

Girlpower Workshops

Wednesday, November 27, 2013
Glenmeadows Elementary School Campus

Girlpower is a friendship program that inspires girls to feel empowered, develop a strong sense of self, and love themselves while learning to manage the most important thing to them...their friendships.

Two course will be running for the 2 different age groups:

Fuzzies and Friends is for Kindergarten to Year 2 (must be at least 6 years old)
3:30pm to 4:30pm

The Heart of Friendship is for Years 3, 4 and 5.
3:30pm to 5:30pm

The fee is \$25.00 per student and includes the workshop, handouts and a Girlpower pencil and sticker.

To register, visit:
www.urstrong.com/girlpower/events

Gift Basket Donations

School Council is now accepting donations for the Winter Celebration Gift Baskets.

The baskets will be raffled at our Winter Celebration on December 2, 2013 at the Southern Alberta Jubilee Auditorium prior to the performance, and draws will take place at the end of the night.

All funds raised will go toward physical education and music program enhancement for Calgary Arts Academy students. If you have any questions about this fundraiser, please contact Melissa at mchuber@mac.com

Healthy drinks, healthy kids

Children and youth need fluids to prevent dehydration and to stay healthy.

However, **what** your child drinks can have a big impact on his or her health.

Drinks to choose most often...

• **Water:** Offer throughout the day. Encourage your children to carry their own water bottle during active play, sports, and on the go. Wash water bottles daily in hot, soapy water.

• **Milk or plain fortified soy beverage:** Send milk in their lunch or include with breakfast or dinner to help your child get enough protein, calcium, and vitamin D. Kids need two cups (500mL) of milk per day.

• **100-per cent juice:** Choose 100-per cent juice and limit juice to a half-cup (125 mL) per day. Ideally, kids should eat their fruit instead of drinking it.

Juice has vitamins and minerals, but is also high in natural sugar. If kids drink

too much juice, they may not be hungry for healthy meals and snacks.

Drinks to choose sometimes...

• **Flavoured milks or flavoured soy beverage:** These drinks have the same bone-building nutrients as milk or fortified soy beverages but also have added sugar.

Drinks to choose least often...

• **Drinks with added sugar:** Did you know that fruit-flavoured beverages such as 'drinks', 'punches', and '-ades' are made up of mostly sugar and water? Limit drinks that are high in added sugar. Examples of these drinks are sugar-sweetened pop, fruit-flavoured drinks, punches, and ice slushes.

• **Specialty waters:** These waters often have added sugar, sugar substitutes and herbs. Specialty waters are not recommended for kids.

For more information about healthy drinks, please visit



Children should have two cups (500mL) of milk per day.

www.albertahealthservices.ca and search for "Healthy Drinks, Healthy Kids."

Make influenza immunization a part of your routine

Influenza season has just begun and is very contagious in the winter months. The influenza immunization should be part of your routine health care.

Here's why:

- The influenza shot is the best protection against respiratory influenza.
- Influenza causes a respiratory illness that can last for seven to 10 days. It does not cause the stomach 'flu' or a cold.
- Children and adults with chronic conditions are at greater

risk for complications of influenza.

- Influenza can account for 2,000 to 8,000 deaths every year in Canada.
- The influenza shot is available in two forms: Nose spray (Flumist) and injection (Agriflu and Fluviral).
- Flumist requires no needles. Children 2-17years of age and adults afraid of needles should consider this form of immunizations.

Check with your local public health unit for dates and times of flu clinics in your area.

November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 <i>School Council Meeting – 7:00pm GM</i>	6	7 <i>Hands, Paws & Wings bottle drive</i>	8 <i>Remembrance Day Assemblies – 10:30am Year 4/5s at Olympic Oval Hands, Paws & Wings bottle drive</i>	9
10	11 <i>Remembrance Day – no classes</i>	12 <i>Professional Day – no classes</i>	13 <i>Special Lunch (Panago) Jubilee Tickets on sale</i>	14 <i>Photo retakes, both campuses</i>	15 <i>Deadline for GM art card submissions Deadline to submit Art Items orders</i>	16
17	18	19 <i>CAA Society AGM – 7:00pm KH</i>	20 <i>Home Alone Course – 3:30 to 5:30, GM Year 9s tour Central Memorial HS Deadline to order 11/27 special lunch</i>	21 <i>Staff Appreciation Lunch</i>	22 <i>Report Card Day Deadline for KH art card submissions</i>	23
24	25 <i>Deadline for Holiday Gift Basket donations</i>	26 <i>Year 6/7s to Vertigo</i>	27 <i>Special Lunch (Subway) GirlPower Workshops, 3:30 to 5:30, GM</i>	28	29	30